



Classes 3, 4 & 5

Parent Orientation: 2020

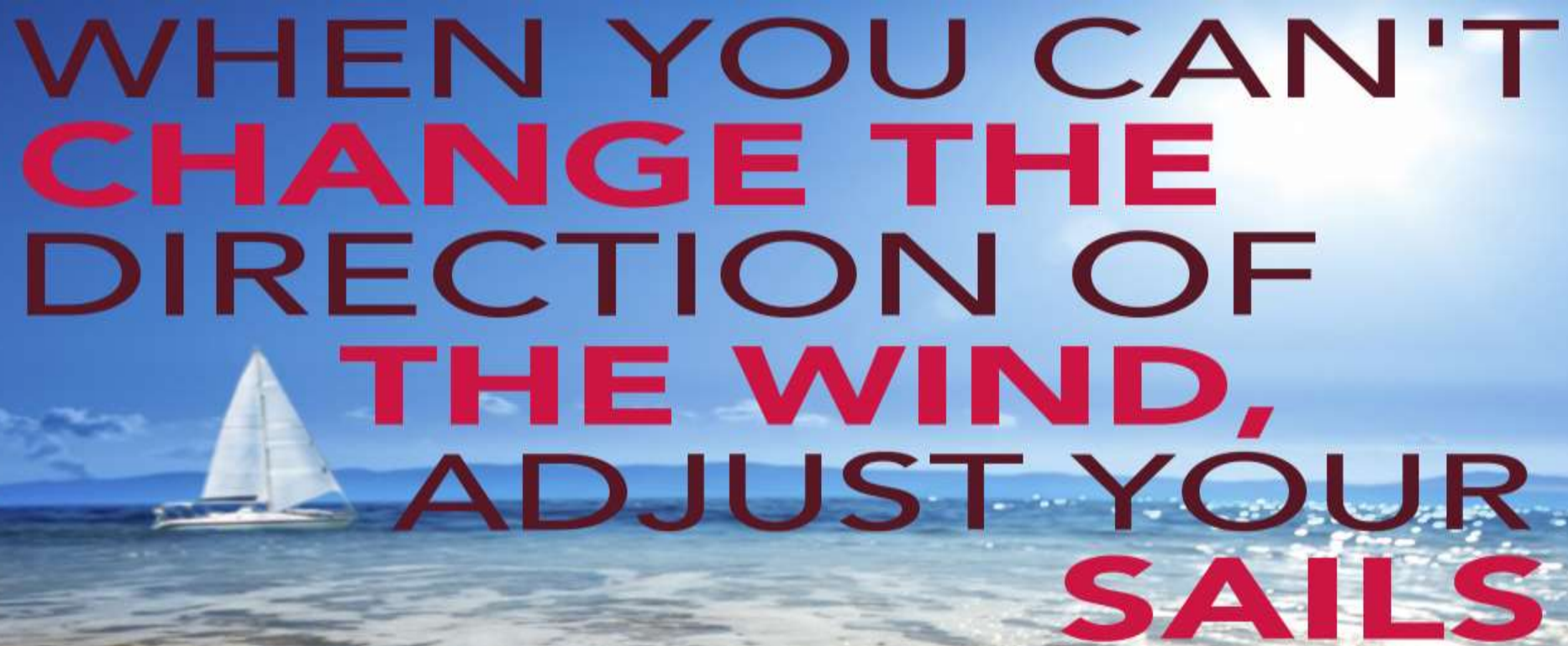
ATTITUDE

IS A LITTLE THING

THAT MAKES A

BIG DIFFERENCE

- WINSTON CHURCHILL

A photograph of a sailboat on the ocean with a quote overlay. The quote is in large, bold, dark red and black letters. The background shows a blue sky, a white sailboat, and waves crashing onto a sandy beach.

WHEN YOU CAN'T
CHANGE THE
DIRECTION OF
THE WIND,
ADJUST YOUR
SAILS

-H. Jackson Brown J

Vision Statement



To create happy, thinking and feeling **Sanskritians** who will be change makers.



It is our endeavour to equip our students with the right attitude and aptitude to face any challenges.

Showing the way...



Junior School In-charge: Suruchi Lal

Co-ordinator Inclusive Education: Ambita Verdi
Junior School Counsellor: Mamta Praveen

Class III

Section A: Ekta Singh (Rep)

Section B: Rolly Choudhary

Section C: Seema Bajaj

Section D: Megha Ramdev

Section E: Annie Sethi

Section F: Ritika Bhatia

Special Educator: Garima Arora

The email id of each teacher is :
full name of teacher(no gaps +all small font)[@sanskritischool.edu.in](mailto:sanskritischool.edu.in)

Our teachers



Class IV

Section A: **Aparna Singh (Rep)**

Section B: Shivani Tiwari

Section C: Heena Bhatia

Section D: Meghna Basu

Section E: Nishtha Oberoi

Section F: Amrana

Special Educator: Swati Dixit

Class V

Section A: Shweta Bhargava

Section B: **Gauri Bhasin (Rep)**

Section C: Vinti Batra

Section D: Ritu Jain

Section E: Priti Kathpalia

Section F: Pragya Mishra

Section G: Monisha Dhama

Special Educator: Neha Manocha

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NEVER STOP LEARNING, BECAUSE LIFE NEVER STOPS TEACHING



- *Shift to remote learning*

Remote learning provides an opportunity for students and teachers to remain connected and engaged with the curriculum while working from their homes.

- Students at Sanskriti benefit from Inclusive Education. It is critical to understand differences and be accommodative.
- Emphasis on developing life skills

Learning continues.....



- CTIP period starts at 8.45 am
- Children in Class V have two study periods of half an hour each.
- In Classes III and IV there is one study period.
- We have included an activity period everyday. .
Different activities have been incorporated into our daily timetable to change the pace and style of learning especially during these times so that students have an even greater experience of school and are able to connect with each other more deeply.
- Breaks have been given between classes

Guidelines



- **Punctuality is essential** – Students must join their online classes **on time at 8.45 a.m.**
- Children must join the classes according to the Time Table and should be encouraged to follow a regular study routine
- To keep abreast with the class and be more responsible, it is imperative to teach them the importance of revising their work. Please go through their notebooks with them and help them complete their work.
- Safety of your children is of utmost importance to us , so ensure that they are supervised when they are online.You may unobtrusively keep an eye on them to check the websites they visit .

Reaching out to our Young Learners....



- It is our sincere endeavour to reach out to each and every student .
- For addressing issues related to accessibility to the Meet Sessions/ Google Classrooms, please do not hesitate to reach out to the following -
 - *Ms Suruchi Lal (Jr School Incharge)
 - *Ms AmbitaVerdi (Inclusive Education Coordinator)
 - *Class Teachers

Monitoring Wellbeing

Strictly NO 'screens' in bed



Keep a consistent sleep schedule



- Get up at the same time every day, even on weekends or during vacations.
- Waking up usually has to be at a fixed time, hence going to sleep is at your choosing.
- Set a bedtime that is early enough for you to get at least 7 hours of sleep.

- Turn off electronic devices at least 30 minutes before bedtime.
- And don't keep those smartphones plugged in near your bed.
- Activate the Do Not Disturb feature, at a fixed time every night automatically

Exercise regularly – get at least 30 minutes of vigorous activity on most if not all days.



Establish a relaxing bedtime routine

- Make your bedroom quiet and relaxing.
- Keep the room at a comfortable, cool temperature.
- Keep the room as dark as possible.





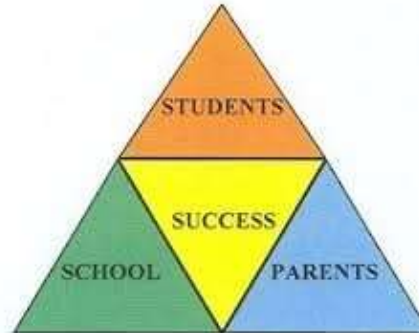
- Parents are requested to inform the class teacher in case their child is unwell and is likely to be absent from class. If ever your child is unable to join classes, kindly inform the class teacher by writing an email .
- Do check the **school website** regularly



Parent support



We thank you dear parents, for working with us to support our student. We acknowledge how equally challenging it has been for you, as parents and families too. We know that our students have needed your support more than ever. We also know that they will continue to need our support, to flourish during and after this terrible pandemic.





CHANGE IN ADDRESS:

- Parents are required to inform the school authorities/class teacher if there is any change of address and telephone numbers (Important in case of emergency and we need to contact the parents)
- Parent/student profile should be updated on the school website regularly.



NOTE!
ADDRESS CHANGE

**Life isn't about
waiting for the
storm to pass. It's
about learning
how to dance in
the rain.**

VIVIAN GREENE

**CAN'T
WAIT
TILL
SCHOOL
STARTS**

**We miss being with
our little ones**



Stay Home
Take Care